

School Health Advisory Council
January 21, 2009
3:45 p. m. Louise Board Room
Minutes

I. Review current health initiatives

A. Health

1. Physical Education 45 minutes per day
2. CATCH program—Kinder through 5th grade
3. The Great Body Shop program—Kinder through 6th grade
4. Jump Rope for Heart--Elementary
5. Nurse Screenings – height, weight, vision, hearing, spinal, ancantosis nigrican—all grades
6. Fitness Gram—3rd grade through 12th
7. Dental Health program—Elementary
8. Immunizations given at school—all campuses
9. P.A.P.A.—Parenting and Paternal Awareness—High School
10. Fitness Center
11. Health Screening --Beginning of the year for the Faculty
12. Elimination of soda water/ vending machines
13. Cafeteria lunches meet all health requirements
14. Maturation information is given to 4th & 5th grade boys and girls
15. Campuses comply with the FMNV (Foods with Minimal Nutritional Value) requirements

B. Safe and Drug Free Schools and Communities

1. Bicycle Safety—Elementary
2. Bus Safety—All Campuses
3. DARE Program—Elem, Jr. High and High School
4. GREAT Program—6th Grade
5. Stranger Danger-Elementary
6. 911 program--Elementary
7. Halloween Safety--Elementary
8. Bullying Prevention—All Campuses
9. Be Safe with OTC (Over the Counter) and Prescription Medicines—all campuses
10. Dating Violence—High School

II. Concerns/Comments

- A. Teens in the Driver Seat—bring back the program.